

ORAH DAY CAMP



2026  HANDBOOK

Important Dates:

Tuesday, June 30- First Day of Camp

Thursday, July 2 1:00 dismissal

Wednesday, July 22- 1:00 dismissal

Thursday July 23- NO CAMP

First Day of Second Session - **Monday, July 27th**

Last Day of Camp - **Wednesday, August 19th**

Camp Hours:

Monday - Thursday 9:00 AM - 4:00 PM

Friday 9:00 AM - 1:15 PM

Welcome to Orah Day Camp!

Thank you for choosing Orah Day Camp! We look forward to a summer filled with fun activities, trips, ruach, swimming and much more. Please read the following pages carefully. They contain important information that will help you throughout the summer. If you need additional information or would like to contact us, please email us at orah@orahdaycamp.com or call the office at (718) 324.ORAH (6724).

*****Please note our new email address for dismissal changes only is orahdismissal@gmail.com.**

A medical form must be completed by a physician and the trip form must be signed by a parent. **The medical form must be uploaded into your campminder account.** This form is **REQUIRED BY LAW FOR EVERY CAMPER**. No camper will be permitted to begin camp without this form on file.

Bus and bunk assignments will only be sent to parents who have made proper financial arrangements and have submitted the required forms.

We're looking forward to another great Orah Day Camp summer!

Elisheva Segelman and Ahuva Rosenblatt

Arrival:

Orah Day Camp begins daily at 9:00 AM. Buses begin arriving at 8:45 AM. If your daughter does not take a bus, please do not bring her to camp before 8:45 AM. Although the building may be unlocked early in the morning for deliveries, there will be no supervision until after 8:45 AM.

The bunks begin their non-stop fun activities right after davening. If your daughter is brought to camp late, office staff will help her locate her bunk mates at their activity. Being punctual will ensure that your daughter will get as much out of her camp experience as possible.

Please be aware that most trips leave camp before 9:45 am.

Dismissal:

No child is allowed on any bus which is not assigned to her. If you have arranged a play date for your daughter and the two girls are **not** on the same bus, you must provide your own transportation.

Supplies to Keep in Camp:

On the first day of camp, please send the following items for your daughter to keep in camp:

- Siddur (Grades 2 and up)
- Smock (Grades N - 1)
- Box of tissues (Grades N - 1)
- Roll of Pennies (Grades N - 1)
- Small mat or blanket for rest time (Toddler and Nursery)
- A change of clothing (Grades N - 1)
- Sunscreen (spray is preferable)

Soiled clothing will be sent home and should be replaced the next day.

Daily Supplies for Grades N - 6:

Each day, the following items should be brought to camp (even on rainy days and for grades N-2, during the 9 Days as well):

- Towel
- Bathing Suit
- Change of Underwear (**a must!**)
- Robe or Cover-Up*
- Pool Shoes
- Bathing Cap (provided by Orah Day Camp)

***Please be aware that all girls are required to wear a cover up or robe over their bathing suit when walking to and from the pool. The robe must reach the knee and have a sleeve - Towels are not good enough. Pool shoes must also be worn. A camper who does not have an appropriate cover-up will be given the adorable camp cover up and your card on file will be charged.**

Dress Code:

All campers going into Grades 1 through 6 are expected to wear:

- Skirts until their knees
- Socks that cover the ankles
- Shirts with sleeves (T-shirt style - cap sleeves are not enough)
- No CROCS or open toe shoes (for safety reasons)
- Only **one-piece** bathing suits (or a two-piece that looks like a one-piece) may be worn in the pool. Bikinis are not acceptable and your child will not be allowed in the pool if she is wearing one.

Orah campers participate in Arts & Crafts and other fun (but messy) activities several times per week. Please do not let your daughter wear clothing that, if it gets stained, will upset you or her. Camp is for having fun and we don't want the campers to lose out on activities because they are afraid that their clothing will get messy.

Crocs and flip flops were unfortunately the cause of many injuries to campers and are not allowed to be worn to camp activities. We highly recommend that campers wear closed sneakers to camp every day and only wear their pool shoes to and from the pool. For her own safety, a camper who is wearing footwear other than sneakers will not be allowed to participate in sports.

T-Shirts:

Orah Day Camp T-shirts are distributed to all campers, free of charge, during the first week of camp. Campers must wear their camp shirts on trip days.

Electronics

No electronic devices will be allowed in camp. This includes cell phones, iPods, smart watches and any other gadgets. If a camper is seen with any electronic item, Orah Day Camp reserves the right to confiscate it and send it home. Please note that Orah Day Camp is not responsible for lost or stolen items.

Lost & found:

All clothing, towels, shoes and other belongings **MUST** be labeled. Many items look similar to each other and some children are too young to recognize their belongings easily. The Lost & Found was overflowing at the end of camp last summer. Don't let this happen to you! Jewelry should be kept to a minimum and limited to very inexpensive pieces. We recommend that your daughter not come to camp in expensive or designer clothing.

For your convenience, if you discover that your daughter is missing something, the lost and found tables will be on display at the end of each half in the front hallway.

Swim:

Our swimming program features a daily double-swim session in our beautiful outdoor, Olympic size pool - with both instructional and free swim. Our watchful and talented lifeguards ensure that campers learn the necessary skills while having fun in a safe environment. We encourage parents to dress their child in a bathing suit under her clothing in order not to miss any swim time. Please remember to send underwear for your daughter to wear at the end of the day.

Trips:

At Orah Day Camp, our campers get to enjoy a beautiful campus with lots of space to play. Even so, we realize that everyone likes a change of scenery once in a while. Our girls have weekly trips that are lots of fun and provide them with a change in routine. For safety reasons, every camper must wear their camp T-shirt on trip days.

Meals:

Orah Day Camp provides hot lunch and 2 snacks for all campers. Please send your daughter to camp having eaten a nutritious breakfast. Please consult the menu for further lunch information, and if your daughter does not like the meal that will be served on that day, please send her with an alternative lunch.

It is not necessary to send a snack to camp with your child but water bottles are always a great idea.

Birthdays:

Summer birthdays are special! For your child's birthday, you may send in a store-bought, nut free snack for her to share with her bunkmates. If you have any questions, you can call the camp office to speak to your division head. If it is dairy, it must be cholov yisroel.

Allergies:

Please make sure to inform the nurse of any food or drug allergies and the treatment recommended by your pediatrician or allergist (ie. Benadryl, Epi-Pen). You can email the nurse directly with all relevant details to orahmedicals@gmail.com

WE ARE A NUT-FREE CAMP!

Do not send any products to camp that contain nuts or peanuts .Some examples are: peanut butter, Bamba, and some granola bars and cookies. If you are unsure about a food item that you want to send, please contact the camp nurse.

There are campers attending Orah Day Camp with life-threatening allergies who might have a reaction from even SMELLING these products. Please be diligent and check the ingredients before sending any food with your daughter to camp. This applies to eating on the bus as well.

Medical Forms:

Every camper must have a physical examination and completed medical form on file before coming to camp. **Please make sure that the form is filled out properly and completely.** According to the NYS Health Department, we **MUST** have the actual dates of the immunizations and it is essential that you sign the parental consent sections where indicated.

Illness:

We are aware that children often get colds and "the sniffles" but we ask parents to use good judgment as to whether or not to send their child to camp when they are not feeling well. As we are all aware, coughs and colds spread quickly, and, before you know it, an entire bunk and its staff are sick. Please keep your daughter home when necessary.

If a child has had a fever or is on antibiotics, please wait 24 hours for the symptoms to disappear before sending her back to camp even if she seems well enough to come back before then.

Please inform Orah Day Camp if your daughter or any family member has developed a contagious disease such as chicken pox, ringworm or shigella. Please notify Orah Day Camp if any family member has lice or nits. We want to assure you of our utmost discretion in these matters, and we will take the necessary steps to ensure everyone's safety.

***As per DOH regulations, Orah Day Camp is not allowed to administer Tylenol, Advil or any other medications to your child.

Cancellation & Refund Policy:

The following procedures are in effect if there is a cancellation:

A. Before February 14th, camp fees are refundable except the deposit fee per child.

B. From February 15th through May 14th, half of all camp fees will be refunded not including the deposit.

C. After May 15th, there will **BE NO REFUNDS** under any circumstances.

All requests for withdrawal from camp must be in writing via email.

Please note that the dates of Orah Day Camp do not always coincide with the dates of overnight camps. In the event of any discrepancies, the price of camp will not be prorated.

